

PRE-CONFERENCE INSTITUTE

Promotion of well-being and recovery for persons with mental illness

Bret Kloos



2nd-3rd June 2008

Promotion of well-being and recovery for persons with mental illness

Trainer

Bret Kloos, Ph.D.

Bret Kloos is an Assistant Professor of Psychology at the University of South Carolina. Prior to his training as a clinical-community psychologist, he worked in psychiatric hospitals, residential treatment facilities, and vocational training sites. As a research scientist at the Yale School of Medicine, he conducted research on recovery and resilience of persons with serious mental illness and directed a Supportive Housing Program for persons who had serious mental illness, co-occurring substance abuse, and were homeless. His research interests focus on (a) the facilitation

of adaptive functioning in to community settings for persons who have had major life disruptions and (b) contributions of self-help/mutual support experiences to recovery and resilience. He has particular interests in how the social ecologies of community settings may support or inhibit adaptive functioning and resilience. Currently, he is completing a five-year U.S. National Institute of Mental Health funded study of the relationships between housing environments and adaptive functioning of persons with serious mental illness.



P R O G R A M

2nd June 2008

3rd June 2008

9:30

New Ways of Thinking about Promoting Mental Health

- Recovery, Empowerment, & Community Integration
- Contrasting Models of Community Mental Health
 - The Emergence of Alternative Frameworks to Promote Mental Health
 - Principles of Recovery
 - Principles of Empowerment
 - Principles of Community Integration

10:45 > Break

11:00

- Recovery Research & Best Practices
- Promoting Recovery with Individuals
 - Changing Practice to Promote Recovery
 - Developing Systems of Care with a Recovery Orientation

12:30 > Lunch break

14:00

Promoting Participation in Community Life

- Supported Housing: Best Practices & Research
- Models of Supported Housing
 - Supportive Services vs. Housing Services
 - Working with Landlords

15:45 > Break

16:00

- Supported Employment: Best Practices & Research
- Vocational Rehabilitation
 - Individual Placement & Support Model

Summary of the Day

- Community Integration Best Practices & Practices
- Psychological Integration
 - Social Integration

17:00 > Closing

9:30

Promoting Active Participation in Self Care

- Mutual assistance as an alternative or supplement to professional care
- Principles of mutual assistance and self-help
 - Mutual help groups
 - Mutual help organizations
 - Mutual assistance research and best practices

10:45 > Break

11:00

- Integrating mutual assistance, empowerment & recovery principles into care
- Motivational Interviewing
 - Collaborative Treatment Planning
 - Wellness Contracts
 - Advanced Directives for Psychiatric Care

12:30 > Lunch break

14:00

Implementing New Ways of Promoting Mental Health, Wellness & Recovery

- Making changes in systems of care
- Strategies for organizational change
 - Strategies for system change
 - Addressing resistance in change

15:45 > Break

16:00

- Making changes in communities
- Addressing stigma
 - Creating safe places in community
 - Nurturing opportunities for participation in community life

Summary of the Institute

- Expanding roles for service providers
- New partnerships to promote well-being and recovery
- Identifying & Cultivating Resources to Promote Recovery

17:00s > Closing

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Fundação Calouste Gulbenkian - Lisboa

Registration fees

Registration fees: 150 euros (100 euros - Students and members of SCRA, ECPA, SPPC, APS/CCP and other National Community Psychology Associations)

Online registration form: www.2iccp.com

Contact person:

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